

## **REFLECTION QUESTIONS FOR JOURNALING:**

**FOR MARRIED COUPLES:** Set aside 1 1/2 hours this week where you and your spouse will spend time journaling answers to the following questions separately. After journaling, come together and exchange papers. Quietly read through each others answers twice without making remarks. After reading, take time to verbally share with each other where you are at, where you feel you need to grow and how you can encourage one another in this (for another 30 minutes). Then close your time by praying with each other and for one another.

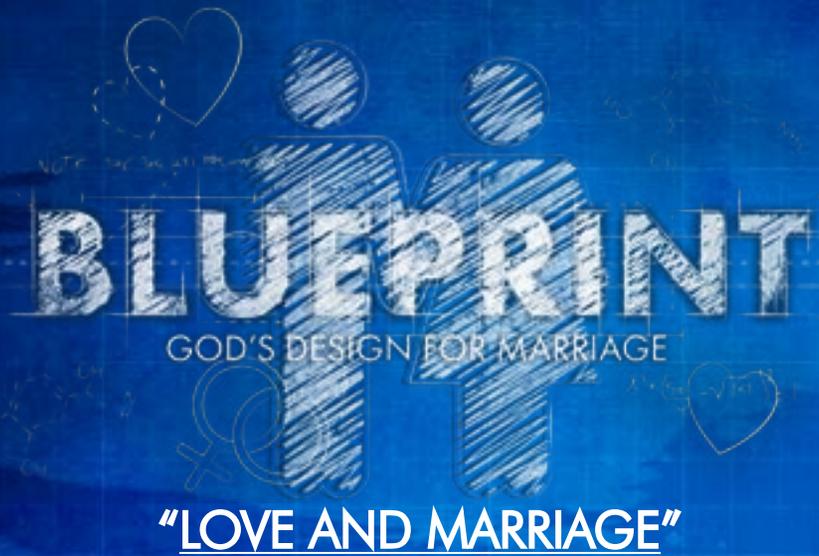
**ACTIVITY #1:** (MEN & WOMEN) Spend the next 40 minutes writing your spouse a love letter. Write for the entire 40 minutes. The only rule... Absolutely NO writing about problems or issues... only about your love for them... past, present and future.

**QUESTION #1:** What steps do you need to take as an individual to more adequately love your spouse according to God's design? (It begins with Christ... then go from there!)

**FOR SINGLES:** Set aside 30 minutes this week to spend time journaling answers to the following questions. After journaling through your questions, spend 30 minutes in reflective prayer with the Lord, asking Him to help you grow in the areas you feel you need to surrender to Him.

**QUESTION #1:** (MEN & WOMEN) What misconceptions have you had about love? How will your understanding of God's design for love in marriage change the way you seek a spouse or develop your relationship with your fiance? What steps do you need to take to cultivate Agape love as a distinct trait of who you are?

**QUESTION #2: If you don't plan on getting married:** Write a love letter to the Lord. Then journal... What are the steps you need to take in your life to more effectively love others unconditionally in the fashion of Christ? Are there people in your life that need to hear this message and that God could use you to minister to them? Journal about that situation and spend itme praying for them.



### **I. GOD'S ORIGINAL DESIGN FOR MARRIAGE:**

**A. A Covenant of THREE: God, a Man, and a Woman.**

**B. Each Member of the Covenant shared a unique role:**

1. God -
2. Man -
3. Woman -

**C. \_\_\_\_\_ broke the \_\_\_\_\_ of Marriage.**

**D. God's \_\_\_\_\_...  
Became Man's \_\_\_\_\_...**

**FEBRUARY 5TH, 2017 ~ PASTOR ROB ZIMMERMANN**

**II. THE DISTORTION OF LOVE:**

- A. Love is a \_\_\_\_\_
- B. Love is \_\_\_\_\_
- C. I am \_\_\_\_\_ without someone to romantically love and without someone to romantically love me
- D. Love is \_\_\_\_\_
- E. Love is \_\_\_\_\_

**III. GOD'S DESIGN FOR LOVE IN MARRIAGE:**

**A. EROS: Erototic, Sexual or Romantic Love  
Song of Solomon**

- 1. Eros is \_\_\_\_\_ for marriage
- 2. Eros is \_\_\_\_\_ for marriage
- 3. Eros cannot \_\_\_\_\_ a marriage \_\_\_\_\_

**B. PHILEO: Friendship Love**

- 1. Phileo is based upon common \_\_\_\_\_
- 2. Phileo is essential for a \_\_\_\_\_ in marriage
- 3. Phileo cannot \_\_\_\_\_ a marriage \_\_\_\_\_

**C. AGAPE: Self-Giving, Unconditional Love**

- 1. Agape Love is \_\_\_\_\_  
READ: John 3:16; Romans 5:8
  
- 2. Agape Love is meant to be the \_\_\_\_\_ for our lives - READ: 1 John 4:7-11
  
- 3. Agape Love is the \_\_\_\_\_ that holds a marriage together - READ: Ephesians 5:25-28
  
- 4. Agape Love is not something that is caught or taught... but it is a love that is \_\_\_\_\_  
READ: 1 John 4:19

**IV. RECLAIMING GOD'S DESIGN FOR LOVE:**

- A. Begin with \_\_\_\_\_  
\_\_\_\_\_
- B. Be \_\_\_\_\_
- C. Be \_\_\_\_\_
- D. Be \_\_\_\_\_