

Let's Talk About It

Mental Health Series



LONELINESS:

What is Loneliness? A negative feeling that arises when our _____ are _____ by the _____ and/or _____ of our current social relationships.

In 2010, statistics showed that Americans are some of the loneliest people in the world - _____ of Americans regularly felt lonely.

Just prior to the pandemic in 2019, studies showed that number had skyrocketed to _____.

One of the lessons the covid-19 pandemic revealed is that while we may _____ many people, many people don't _____.

WHY DO WE FEEL LONELY?

A. We were _____ as _____ that find fulfillment in relationship with _____ and with _____.

(Genesis 2:18-20)

B. The world and all of its _____ can't provide the _____ that we crave.

(Ecclesiastes 4:7-12)

C. Varying _____ in a broken world produce _____ from _____.

D. Our own _____ have the potential to cause us to _____ from relationships _____.

E. _____

WHAT DOESN'T WORK WHAT DOES WORK IN COMBATING LONELINESS IN OUR LIVES?

What DOESN'T Work:

- _____ or _____ your _____
(1 Peter 5:7)

What DOES Work:

- _____ that God _____
(Matthew 27:46; Isaiah 53:3; Hebrews 4:15)

- Remembering God's _____
(Matthew 28:16-20; John 15:26; Psalm 139:1-16)

- I may _____, but I am _____

What DOESN'T Work:

- _____
(Hebrews 10:24-25)

What DOES Work:

- _____ in building _____
(1 Corinthians 12:21-26)

Events and registration at: westgatechapel.org/events



bible studies

NEW STUDIES START
JANUARY 17

SUNDAY OPTIONS

9am

Main church service
Kids birth-5th grade - Atrium
Middle School - Room 210
High School - The Refinery
Communities - Gym, Room 217/218

10:45am

Main church service and
live stream
westgatechapel.org/livestream
Kids birth-5th grade - Atrium
Communities - Room 221/222

GET CONNECTED

We believe in doing life together! Help us help you get connected.
Contact Kendra at: 419-841-8077 or kendras@westgatechapel.org

STEWARDSHIP

Month to date through December 31

Unfinished Giving and Other
Great Commission Fund

Budget

\$ 188,406

Actual

\$ 414,215
\$ 134,388

January-November 2021

Unfinished Giving & Other
Unfinished Mission
(i.e., ongoing expenses)
Giving less expenses

Budget

\$1,909,600
\$ 1,880,255

Actual

\$ 2,031,568
\$ 1,783,677

\$ 29,345

\$ 247,890

Great Commission Fund

\$ 261,259

Give online: westgatechapel.org/give